

Monday

Call or video call a grandparent or other relative to say hello

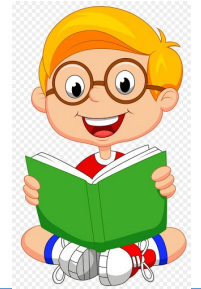


Tuesday

Help someone else with their homework/work

Wednesday

Read someone a story



Thursday

Smile at someone.



Friday

Pay someone a compliment

Saturday

Do someone else's chore for them

Sunday

Share your treat with someone else

Monday

Write a letter to a friend.



Tuesday

Do a chore at home without being asked.