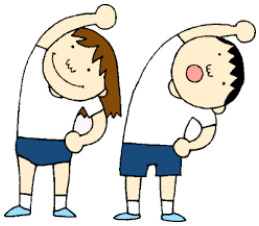
Tasgau 'Bara menyn'
Daily Do's

Gweithgaredd/ Activity	**Gweithgareddau posib/ Possible activities**
Ymarfer Corff/ Physical activity 	• Rhaglen Joe Wicks 'The Bodycoach' • https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ • Amser awyr iach/Fresh air time. • Yoga i blant/Childrens's Yoga https://www.youtube.com/user/CosmicKidsYoga
Mathemateg/ Mathematics	Gweler awgrymiadau am wefannau defnyddiol a thaflenni targed Mathemateg ar wefan yr ysgol i bob oedran. Please visit school website for a list of useful websites and for Maths targets for specific age groups.
Darllen/Reading	Rhannu a thrafod llyfr. Share and discuss a book.
Gwaith thema/Theme work	Gweler bwydlen gweithgareddau bob adran ar wefan yr ysgol. See the menu of tasks on the school web-site.
Daily Doodle	Gweler flog Mo Willems ar You Tube yn ddyddiol a sianel You Tube Orielodl. See Mo Willems's daily You Tube flog and You Tube channel Orielodl.